











**Water Aerobics  
Monday thru Friday  
8-9am**



# November 2009

**CC = Central Complex  
LCR = Large Clubroom  
SCR = Small Clubroom  
PA = Picnic Area**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <b>10:30am</b> Dancing w/Stars-PA	3 <b>1pm</b> Bits & Pieces— LCR 	4 <b>5 pm</b> Happy Hour— CC	5	6 <b>10:30am</b> Dancing w/Stars-PA	7 <b>8 am</b> Donuts 75¢ Complimentary Juice & Coffee-CC 
8	9 <b>10:30am</b> Dancing w/Stars-PA	10 <b>1pm</b> Bits & Pieces— LCR	11 <b>Veterans Day</b>  <b>5 pm</b> Happy Hour—CC 	12	13 <b>10:30am</b> Dancing w/Stars-PA 	14 <b>8 am</b> Donuts 75¢ Complimentary Juice & Coffee-CC <b>5:30pm</b> Veteran's Day Soup Line <b>6:00pm</b> Dance
15	16 <b>10:30am</b> Dancing w/Stars-PA	17 <b>1pm</b> Bits & Pieces— LCR	18 <b>5 pm</b> Happy Hour— CC	19	20 <b>10:30am</b> Dancing w/Stars-PA 	21 <b>8 am</b> Donuts 75¢ Complimentary Juice & Coffee-CC 4:00—LCR Thanksgiving Pot Luck—See Sign Up Sheet 
22	23 <b>10:30am</b> Dancing w/Stars-PA 	24 <b>1pm</b> Bits & Pieces— LCR	25 <b>5 pm</b> Happy Hour— CC 	26 <b>3:00pm</b> —LCR Thanksgiving Pot Luck—See Sign-Up	27 <b>10:30am</b> Dancing w/Stars-PA <b>5:00 pm</b> —Street Karaoke & Pizza <b>Please See The Holiday Schedule</b>	28 <b>8 am</b> Donuts 75¢ Complimentary Juice & Coffee-CC
29	30 <b>10:30am</b> Dancing w/Stars-PA 	<b>CVRV Office Phone # 619-422-0111</b>		<b>After Hours Security Cell # 619-254-6489</b>		